

21-Day Praise Consecration

Days of fasting & prayer filled with overwhelming praise that will invite the Kabod (Hebrew glory, honor) weight of God's glory.

This consecration is designed to plant the Intercessor in a secure and steadfast position of prayer and praise that is infused by the power of the Holy Ghost to unlock God's promises for salvation, healing, and deliverance!

3 Focal Points to Experience the (Kabod) Glory of the Lord

Position / Posture

We will begin daily with repentance and forgiveness. We are drawing closer to the Lord with praise from a purified heart.

Prayer

We will create a space for personal communion and fellowship with the Lord; His presence in our daily dwelling place.

Praise

We will experience the weighted glory during our consistent worship. Through our praise there will be a holy shift in our mind, will, emotions, intellect, reasoning, and choices.

Participant Instructions for the 21-Day Praise and Prayer Consecration

Greetings Intercessors,

As we enter this sacred season of prayer, praise, and consecration, we are committing ourselves to 21 intentional days of seeking the Lord through fasting, prayer, worship, and the study of His Word. This is not just a discipline but a holy invitation to draw nearer to God, to align our spirits with His will, and to deepen our life of praise. Below are the instructions and guidelines to help you walk through this consecration with consistency and devotion.

1. Daily Prayer and Study Time

Each participant is asked to set aside a designated time daily for prayer, study, and reflection. Consistency is vital. Choose a time in your day when you can be fully present before the Lord—whether early morning, midday, or evening—and honor that time throughout the 21 days. During this consecration, distractions should be laid aside so that you may enter His presence with focus and reverence.

2. Daily Praise Practices (More on Page 5)

We will be studying one of the 26 daily praise practices each day as scheduled. These practices are to be used during your time of prayer and praise, making them both your study and your expression before the Lord. During the **weekday Command Your Day gatherings**, we will corporately study and reflect on that day's assigned topic. Participants are to read, memorize, and journal the reference scriptures while spending intentional time in prayer each day. On Saturdays and Sundays, two topics will be studied for personal devotion.

Week 1

- **Thu, Sept 18** – *Acknowledge*
- **Fri, Sept 19** – *Barak*
- **Sat, Sept 20** – *Confession + Dance*
- **Sun, Sept 21** – *Exhortation + Faith*

Week 2

- **Mon, Sept 22** – *Gratitude*
- **Tue, Sept 23** – *Hallelujah*
- **Wed, Sept 24** – *Intensify*
- **Thu, Sept 25** – *Joy*

- **Fri, Sept 26** – *Kabod*
- **Sat, Sept 27** – *Lift + Music*
- **Sun, Sept 28** – *Nevertheless + Open*

Week 3

- **Mon, Sept 29** – *Praise*
- **Tue, Sept 30** – *Revival*
- **Wed, Oct 1** – *Shekinah*
- **Thu, Oct 2** – *Todah*
- **Fri, Oct 3** – *Unison*
- **Sat, Oct 4** – *Victorious + Warfare*
- **Sun, Oct 5** – *Xalao + Yada*

Week 4

- **Mon, Oct 6** – *Zion*
- **Tue, Oct 7** – *Reflection / Overflow Praise* (review or testimonies)
- **Wed, Oct 8** – *Closing Consecration Prayer & Worship*

3. Communion Instructions

Communion is a vital part of our consecration. We will corporately take communion together on **Day 1, Day 7, Day 14, and Day 21**, led by **Pastors Ken & Marlene** during our Command Your Day gathering. Participants should prepare their communion elements in advance. Each communion day will be preceded by a **complete fast beginning at 6:00 pm on Tuesday evening** and ending after we share the communion meal together the following morning.

4. Fasting Guidelines

- **Tuesdays (pre-communion):** Begin a complete fast at 6:00 pm. The fast is released after we take communion corporately.
- **Sundays:** A corporate **water-only fast** will be observed from **12:00 midnight until 6:00 pm**.
- **Daniel Fast Option:** Some participants may choose to follow the Daniel Fast throughout the consecration. However, on corporate fasting days (Tuesdays and Sundays), all are expected to follow the complete fast and water-only fast together in unity.
- **Daily Fast Option:** Some participants may choose to fast daily from 6AM - 6PM schedule for the 21 days. If you choose to follow the complete fast and water-only during the designated hours, the corporate fast on Tuesdays is still expected.

5. Scripture Memorization and Journaling

Each day, as you study the assigned praise practice, you are to identify key scriptures to memorize and journal. Write down personal reflections, insights from the Holy Spirit, and how God is speaking to you through the Word. This will become a record of your consecration journey.

6. Corporate Sharing and Reflection

On **Days 20 and 21**, participants will be asked to study deeply and prepare scripture passages for **corporate sharing and reflection**. These final days will be a time of testimony, encouragement, and confirmation of how God has moved throughout our consecration.

7. Spirit of Unity

Our consecration is not only individual but corporate. As intercessors, we are moving together as one body. Your consistency, obedience, and unity with the group will strengthen the atmosphere of prayer and increase the weight of God's glory among us.

Closing Exhortation

This 21-day journey is a sacred time set apart for the Lord. Approach each day with reverence, expectation, and joy. Let the daily praise practices shape your heart and lift your voice in worship. Let your fasting be accompanied by prayer, and let your prayer be filled with faith. As you remain steadfast, you will experience the presence, power, and glory of God in a new dimension.

Together, we will arise in praise, fight in prayer, and walk in victory as the intercessors God has called us to be.

Be prepared for the weight of His glory!

Pastors Ken & Marlene Carr

Daily Praise Practices

Acknowledge

Recognize God as Supreme & Sovereign - has all power and He is in control of our circumstances.

Barak

To bless, to bow down and to praise in worship, an act of reverence and adoration; to praise with my inmost being.

Confession

My confession is aligned with my reward; I have what God says I have.

Dance

Rejoicing with movement. Dance before the Lord with praise. Act of jubilation signifying being the winner.

Exhortation

I will exalt thee oh Lord, my strength and my redeemer. I will give courage to others through my intentional words of praise from God's Word.

Faith

God only responds only to my faith! My praise increases my capacity to believe. "I believe God!"

Gratitude

My response is Hallelujah! My attitude is gratitude. God is seeing how I respond during my tests. I will give thanks and praise through it all.

Hallelujah

I will say Hallelujah anyhow. I will give the highest praise daily to honor my Saviour with the fruit of my lips.

Intensify

I will develop daily a deeper honor, adoration, and desire for the presence, power, and glory of the Lord. I will do whatever it takes to increase my ability to praise my God.

Joy

Praise is often expressed through joy. The joy of the Lord is my strength. Unspeakable joy will overtake me and reside daily in my mind and my heart.

Kabod

The weighted glory of God

Lift

Lift up your heads oh ye gates...and the King of glory shall come in. With my hands lifted up and my mouth filled with praise, I will bless thee oh Lord!

Music

Sing a new song into the Lord. The purpose of music in worship. Listening to the sound of praise.

Nevertheless

I surrender myself in praise no matter what is going on, no matter how I feel, no matter what may be manifesting, no matter what people may say.

Open

We are under an open Heaven! The Glory Cloud follows the children of God.

Praise

My praise confuses my enemy. My praise gives me access to the presence of the Lord. My praise allows me to see God in all of His glory.

Revival

Can these dry bones live again? "My bones will praise you Oh Lord!"

Shekinah

Means the One who dwells. The visible, manifested presence of God's glory; the divine presence of God.

Todah

Praise of thanksgiving and confession. This praise is not only verbal but includes extending my hands in worship.

Unison

To make one sound. Offering up my praise in harmony with the people of God: Praise brings us together in strength. Where there is unity there is strength.

Victorious

Waving the victory flag to signify the battle has been already won! Praise is a banner of victory over me.

Warfare

This is how I fight my battles. My praise is a weapon. The tribe of Judah went into battle with praise and defeated their enemy.

Xalao

Greek word (chalao) means to release, let down, let go. My praise releases me from all past and present fear!

Yada

Means to praise, give thanks. It comes from the idea of extending the hands in worship

Zion

We enter into the temple of the Lord to give Him praise daily. "I am the daughter/son of Zion" meaning I belong in the temple of Lord.